# Chapter 8 Gradient Methods

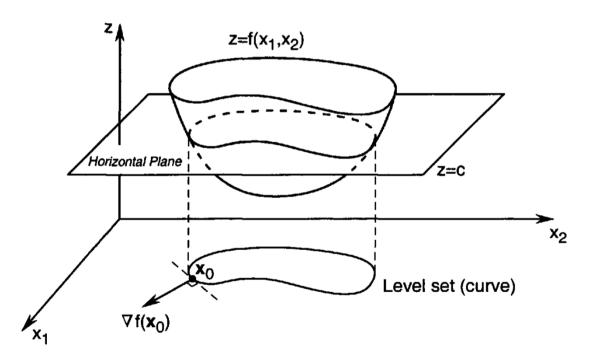
An Introduction to Optimization

Spring, 2014

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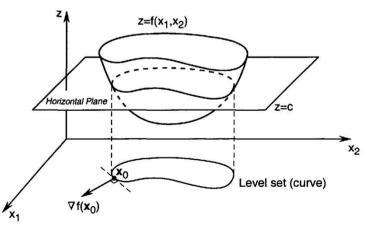
#### Introduction

- Recall that a *level set* of a function f : R<sup>n</sup> → R is the set of points x satisfying f(x) = c for some constant c. Thus, a point x<sub>0</sub> ∈ R<sup>n</sup> is on the level set corresponding to level c if f(x<sub>0</sub>) = c
- In the case of functions of two real variables,  $f : R^2 \to R$



#### Introduction

- The gradient of f at x<sub>0</sub>, denoted by ¬f(x<sub>0</sub>), is orthogonal to the tangent vector to an arbitrary smooth curve passing through x<sub>0</sub> on the level set f(x) = c
- The direction of maximum rate of increase of a real-valued differentiable function at a point is orthogonal to the level set of the function through that point.
- The gradient acts in such a direction that for a given small displacement, the function *f* increases more in the direction of the gradient than in any other direction.



#### $\langle \nabla f(\boldsymbol{x}), \boldsymbol{d} \rangle \leq \| \nabla f(\boldsymbol{x}) \| \| \nabla \boldsymbol{d} \|$

Cauchy-Schwarz inequality

# Introduction

- Recall that ⟨∇f(x), d⟩, ||d|| = 1, is the rate of increase of f in the direction d at the point x. By the Cauchy-Schwarz inequality, ⟨∇f(x), d⟩ ≤ ||∇f(x)||
   because ||d|| = 1. But if d = ∇f(x)/||∇f(x)||, then ⟨∇f(x), ∇f(x)/||∇f(x)|| ⟩ = ||∇f(x)||
- Thus, the direction in which 
  ¬f(x) points is the direction of maximum rate of increase of f at x.
- The direction in which ¬ f(x) points is the direction of maximum rate of decrease of f at x.
- Hence, the direction of negative gradient is a good direction to search if we want to find a function minimizer.

#### Introduction

Let x<sup>(0)</sup> be a starting point, and consider the point x<sup>(0)</sup> − α ∨ f(x<sup>(0)</sup>) Then, by Taylor's theorem, we obtain

 $f(\boldsymbol{x}^{(0)} - \alpha \bigtriangledown f(\boldsymbol{x}^{(0)})) = f(\boldsymbol{x}^{(0)}) - \alpha \| \bigtriangledown f(\boldsymbol{x}^{(0)}) \|^2 + o(\alpha)$ 

- If  $\nabla f(\boldsymbol{x}^{(0)}) \neq \boldsymbol{0}$ , then for sufficiently small  $\alpha > 0$ , we have  $f(\boldsymbol{x}^{(0)} \alpha \bigtriangledown f(\boldsymbol{x}^{(0)})) < f(\boldsymbol{x}^{(0)})$
- This means that the point x<sup>(0)</sup> − α ∨ f(x<sup>(0)</sup>) is an improvement over the point x<sup>(0)</sup> if we are searching for a minimizer.

#### Introduction

Given a point x<sup>(k)</sup>, to find the next point x<sup>(k+1)</sup>, we move by an amount −α<sub>k</sub> ⊽ f(x<sup>(k)</sup>), where α<sub>k</sub> is a positive scalar called the *step size*.

$$\boldsymbol{x}^{(k+1)} = \boldsymbol{x}^{(k)} - \alpha_k \bigtriangledown f(\boldsymbol{x}^{(k)})$$

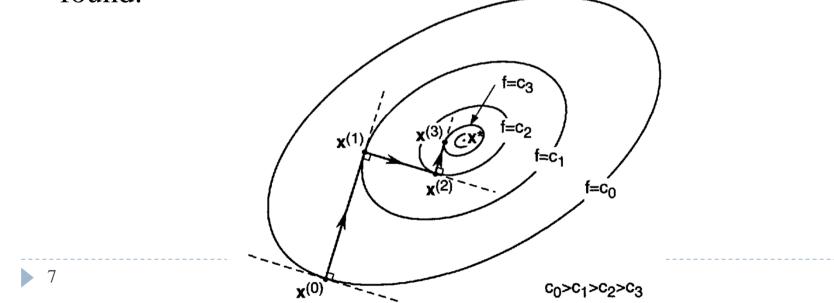
- We refer to this as a *gradient descent algorithm* (or *gradient algorithm*). The gradient varies as the search proceeds, tending to zero as we approach the minimizer.
- We can take very small steps and reevaluate the gradient at every step, or take large steps each time. The former results in a laborious method of reaching the minimizer, whereas the latter may result in a more zigzag path the minimizer.

#### The Method of Steepest Descent

Steepest descent is a gradient algorithm where the step size α<sub>k</sub> is chosen to achieve the maximum amount of decrease of the objective function at each individual step.

$$\alpha_k = \arg \min_{\alpha \ge 0} f(\boldsymbol{x}^{(k)} - \alpha \bigtriangledown f(\boldsymbol{x}^{(k)}))$$

At each step, starting from the point x<sup>(k)</sup>, we conduct a line search in the direction - ⊽ f(x<sup>(k)</sup>) until a minimizer, x<sup>(k+1)</sup>, is found.



# Proposition 8.1

- Proposition 8.1: If {x<sup>(k)</sup>}<sub>k=0</sub><sup>∞</sup> is a steepest descent sequence for a given function f : R<sup>n</sup> → R, then for each k the vector x<sup>(k+1)</sup> x<sup>(k)</sup> is orthogonal to the vector x<sup>(k+2)</sup> x<sup>(k+1)</sup>
- Proof: From the iterative formula of the method of steepest descent it follows that

 $\langle \boldsymbol{x}^{(k+1)} - \boldsymbol{x}^{(k)}, \boldsymbol{x}^{(k+2)} - \boldsymbol{x}^{(k+1)} \rangle = \alpha_k \alpha_{k+1} \langle \nabla f(\boldsymbol{x}^{(k)}), \nabla f(\boldsymbol{x}^{(k+1)}) \rangle$ To complete the proof it is enough to show

 $\langle \nabla f(\boldsymbol{x}^{(k)}), \nabla f(\boldsymbol{x}^{(k+1)}) \rangle = 0$ 

Observe that  $\alpha_k$  is a nonnegative scalar that minimizes  $\phi_k(\alpha) \triangleq f(\mathbf{x}^{(k)} - \alpha \bigtriangledown f(\mathbf{x}^{(k)}))$ . Hence, using the FONC and the chain rule gives us

$$0 = \phi'_k(\alpha_k) = \frac{d\phi_k}{d\alpha}(\alpha_k)$$
  
=  $\nabla f(\boldsymbol{x}^{(k)} - \alpha_k \nabla f(\boldsymbol{x}^{(k)}))^T (-\nabla f(\boldsymbol{x}^{(k)})) = -\langle \nabla f(\boldsymbol{x}^{(k+1)}), f(\boldsymbol{x}^{(k)}) \rangle$ 

#### Proposition 8.2

- Proposition 8.2: If {x<sup>(k)</sup>}<sub>k=0</sub><sup>∞</sup> is a steepest descent sequence for a given function f : R<sup>n</sup> → R and if ∇f(x<sup>(k)</sup>) ≠ 0, then f(x<sup>(k+1)</sup>) < f(x<sup>(k)</sup>)
- Proof: Recall that

 $\boldsymbol{x}^{(k+1)} = \boldsymbol{x}^{(k)} - \alpha_k \bigtriangledown f(\boldsymbol{x}^{(k)})$ 

where  $\alpha_k \ge 0$  is the minimizer of

 $\phi_k(\alpha) = f(\boldsymbol{x}^{(k)} - \alpha \bigtriangledown f(\boldsymbol{x}^{(k)}))$ 

over all  $\alpha \ge 0$ . Thus, for  $\alpha \ge 0$ , we have  $\phi_k(\alpha_k) \le \phi_k(\alpha)$ 

• By the chain rule,

 $\phi'_{k}(0) = \frac{d\phi_{k}}{d\alpha}(0) = -(\nabla f(\boldsymbol{x}^{(k)} - 0 \nabla f(\boldsymbol{x}^{(k)})))^{T}(\nabla f(\boldsymbol{x}^{(k)})) = -\|\nabla f(\boldsymbol{x}^{(k)})\|^{2} < 0$ because  $\nabla f(\boldsymbol{x}^{(k)}) \neq 0$  by assumption. Thus,  $\phi'_{k}(0) < 0$  and this implies that there is an  $\bar{\alpha} > 0$  such that  $\phi_{k}(0) > \phi_{k}(\alpha)$  for all  $\alpha \in (0, \bar{\alpha}]$ Hence,

 $f(\boldsymbol{x}^{(k+1)}) = \phi_k(\alpha_k) \le \phi_k(\bar{\alpha}) < \phi_k(0) = f(\boldsymbol{x}^{(k)})$ 

#### Descent Property

- Descent property:  $f(\boldsymbol{x}^{(k+1)}) < f(\boldsymbol{x}^{(k)})$  if  $\nabla f(\boldsymbol{x}^{(k)}) \neq \mathbf{0}$
- If for some k, we have 
  ¬f(x<sup>(k)</sup>) = 0, then the point x<sup>(k)</sup> satisfies the FONC. In this case, x<sup>(k+1)</sup> = x<sup>(k)</sup>. We can use the above as the basis for a stopping criterion for the algorithm.
- The condition ⊽f(x<sup>(k)</sup>) = 0, however, is not directly suitable as a practical stopping criterion, because the numerical computation of the gradient will rarely be identically equal to zero.
- A practical criterion is to check if the norm ||⊽f(x<sup>(k)</sup>)|| is less than a prespecified threshold.
- ► Alternatively, we may compute |f(x<sup>(k+1)</sup>) f(x<sup>(k)</sup>)|, and if the difference is less than some threshold, then we stop.

#### Descent Property

- ► Another alternative is to compute the norm ||x<sup>(k+1)</sup> x<sup>(k)</sup>||, and we stop if the norm is less than a prespecified threshold.
- We may check "relative" values of the quantities above  $\frac{|f(\boldsymbol{x}^{(k+1)}) - f(\boldsymbol{x}^{(k)})|}{|f(\boldsymbol{x}^{(k)})|} < \epsilon \qquad \frac{\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^{(k)}\|}{\|\boldsymbol{x}^{(k)}\|} < \epsilon$

The two relative stopping criteria are preferable because they are "scale-independent." Scaling the objective function does not change the satisfaction of the criterion.

 $\textbf{To avoid dividing by very small numbers, modify as} \\ \frac{|f(\boldsymbol{x}^{(k+1)}) - f(\boldsymbol{x}^{(k)})|}{\max\{1, |f(\boldsymbol{x}^{(k)})|\}} < \epsilon \qquad \frac{\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^{(k)}\|}{\max\{1, \|\boldsymbol{x}^{(k)}\|\}} < \epsilon$ 

- Use the steepest descent method to find the minimizer of  $f(x_1, x_2, x_3) = (x_1 - 4)^4 + (x_2 - 3)^2 + 4(x_3 + 5)^4$ The initial point is  $\boldsymbol{x}^{(0)} = [4, 2, -1]^T$
- We find that

$$\nabla f(\boldsymbol{x}) = [4(x_1 - 4)^3, 2(x_2 - 3), 16(x_3 + 5)^3]^T$$
  
Hence,  $\nabla f(\boldsymbol{x}^{(0)}) = [0, -2, 1024]^T$ 

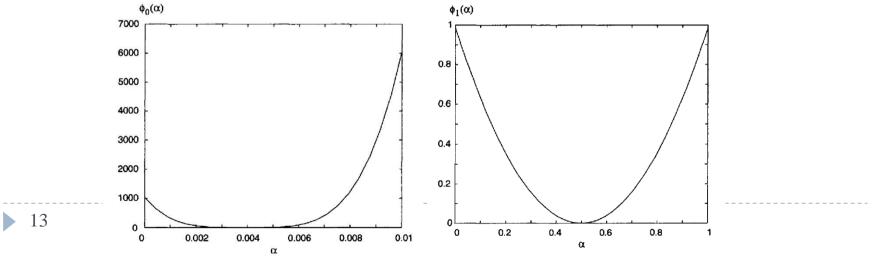
• To compute 
$$\boldsymbol{x}^{(1)}$$
, we need  
 $\alpha_0 = \arg \min_{\alpha \ge 0} f(\boldsymbol{x}^{(0)} - \alpha \bigtriangledown f(\boldsymbol{x}^{(0)}))$   
 $= \arg \min_{\alpha \ge 0} (0 + (2 + 2\alpha - 3)^2 + 4(-1 - 1024\alpha + 5)^4)$   
 $= \arg \min_{\alpha \ge 0} \phi_0(\alpha)$   
Using the secant method from Section 7.4, we obtain  
 $\alpha_0 = 3.967 \times 10^{-3}$ 

- Plot  $\phi_0(\alpha)$  versus  $\alpha$
- We compute

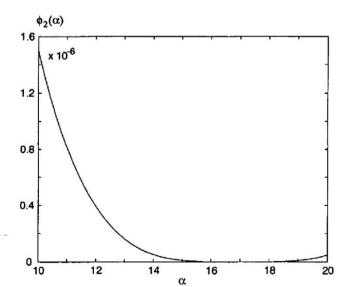
$$\boldsymbol{x}^{(1)} = \boldsymbol{x}^{(0)} - \alpha_0 \bigtriangledown f(\boldsymbol{x}^{(0)}) = [4.000, 2.008, -5.062]^T$$

• To find  $\boldsymbol{x}^{(2)}$ , we first determine  $\nabla f(\boldsymbol{x}^{(1)}) = [0.000, -1.994, -0.003875]^T$ Next, we find  $\alpha_1$  $\alpha_1 = \arg \min_{\alpha \ge 0} (0 + (2.008 + 1.984\alpha - 3)^2 + 4(-5.062 + 0.003875\alpha + 5)^4)$  $= \arg \min_{\alpha \ge 0} \phi_1(\alpha)$ 

Using the secant method again, we obtain  $\alpha_1 = 0.5000$ 



- Thus,  $\boldsymbol{x}^{(2)} = \boldsymbol{x}^{(1)} \alpha_1 \bigtriangledown f(\boldsymbol{x}^{(1)}) = [4.000, 3.000, -5.060]^T$
- To find  $\boldsymbol{x}^{(3)}$ , we first determine  $\nabla f(\boldsymbol{x}^{(2)}) = [0.000, 0.000, -0.003525]^T$   $\alpha_2 = \arg \min_{\alpha \ge 0} (0.000 + 0.000 + 4(-5.060 + 0.003525\alpha + 5)^4)$   $= \arg \min_{\alpha \ge 0} \phi_2(\alpha)$  $\alpha_1 = 16.29$
- The value  $\boldsymbol{x}^{(3)} = [4.000, 3.000, -5.002]^T$
- Note that the minimizer of *f* is [4, 3, −5]<sup>T</sup> and hence it appears that we have arrived at the minimizer in only three iterations.



#### Steepest Descent for Quadratic Function

• A quadratic function of the form

$$f(\boldsymbol{x}) = \frac{1}{2} \boldsymbol{x}^T \boldsymbol{Q} \boldsymbol{x} - \boldsymbol{b}^T \boldsymbol{x}$$

where  $Q \in R^{m \times n}$  is a symmetric positive define matrix,  $b \in R^n$ and  $x \in R^n$ . The unique minimizer of f can be found by setting the gradient of f to zero, where

 $\nabla f(\boldsymbol{x}) = \boldsymbol{Q}\boldsymbol{x} - \boldsymbol{b}$ because  $D(\boldsymbol{x}^T \boldsymbol{Q} \boldsymbol{x}) = \boldsymbol{x}^T (\boldsymbol{Q} + \boldsymbol{Q}^T) = 2\boldsymbol{x}^T \boldsymbol{Q}$  and  $D(\boldsymbol{b}^T \boldsymbol{x}) = \boldsymbol{b}^T$ 

#### Steepest Descent for Quadratic Function

The Hessian of f is F(x) = Q = Q<sup>T</sup> > 0. To simplify the notation we write g<sup>(k)</sup> = ∇f(x<sup>(k)</sup>). Then, for the steepest descent algorithm for the quadratic function can be represented as  $x^{(k+1)} = x^{(k)} - α_k g^{(k)}$ 

where

$$\alpha_k = \arg \min_{\alpha \ge 0} f(\boldsymbol{x}^{(k)} - \alpha \boldsymbol{g}^{(k)})$$
  
=  $\arg \min_{\alpha \ge 0} \left( \frac{1}{2} (\boldsymbol{x}^{(k)} - \alpha \boldsymbol{g}^{(k)})^T \boldsymbol{Q} (\boldsymbol{x}^{(k)} - \alpha \boldsymbol{g}^{(k)}) - (\boldsymbol{x}^{(k)} - \alpha \boldsymbol{g}^{(k)})^T \boldsymbol{b} \right)$ 

 In the quadratic case, we can find an explicit formula for α<sub>k</sub>. Assume that g<sup>(k)</sup> ≠ 0, for if g<sup>(k)</sup> = 0, then x<sup>(k)</sup> = x\* and the algorithm stops.

$$egin{aligned} oldsymbol{g}^{(k)} &= 
abla f(oldsymbol{x}^{(k)}) & 
abla f(oldsymbol{x}) = oldsymbol{Q}oldsymbol{x} - oldsymbol{b} \end{bmatrix}$$

# Steepest Descent for Quadratic Function

• Because  $\alpha_k \ge 0$  is the minimizer of  $\phi_k(\alpha) = f(\boldsymbol{x}^{(k)} - \alpha \boldsymbol{g}^{(k)})$ , we apply the FONC to  $\phi_k(\alpha)$  to obtain

$$\phi'_k(\alpha) = (\boldsymbol{x}^{(k)} - \alpha \boldsymbol{g}^{(k)})^T \boldsymbol{Q}(-\boldsymbol{g}^{(k)}) - \boldsymbol{b}^T(-\boldsymbol{g}^{(k)})$$

• Therefore,  $\phi'_k(\alpha) = 0$  if  $\alpha g^{(k)T} Q g^{(k)} = (x^{(k)T} Q - b^T) g^{(k)}$ But,  $x^{(k)T} Q - b^T = g^{(k)T}$ 

Hence,

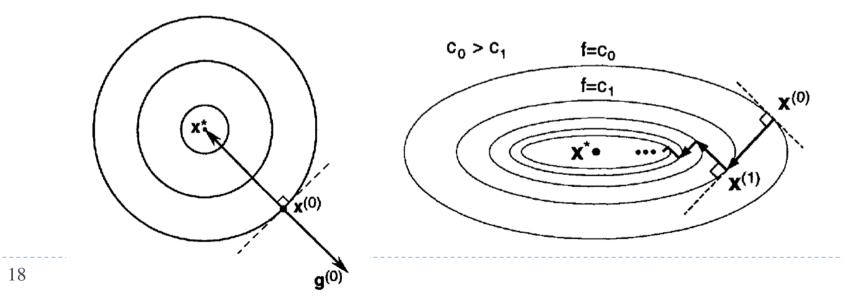
$$\alpha_k = \frac{\boldsymbol{g}^{(k)T}\boldsymbol{g}^{(k)}}{\boldsymbol{g}^{(k)T}\boldsymbol{Q}\boldsymbol{g}^{(k)}}$$

• In summary, the method of steepest descent for the quadratic stakes the form

$$m{x}^{(k+1)} = m{x}^{(k)} - rac{m{g}^{(k)T}m{g}^{(k)}}{m{g}^{(k)T}m{Q}m{g}^{(k)}}m{g}^{(k)} \qquad m{g}^{(k)} = 
abla f(m{x}^{(k)}) = m{Q}m{x}^{(k)} - m{b}$$

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- Let f(x<sub>1</sub>, x<sub>2</sub>) = x<sub>1</sub><sup>2</sup> + x<sub>2</sub><sup>2</sup>. Then, starting from an arbitrary initial point x<sup>(0)</sup> ∈ R<sup>2</sup>, we arrive at the solution x<sup>\*</sup> = 0 ∈ R<sup>2</sup> at only one step.
- However, if  $f(x_1, x_2) = \frac{x_1^2}{5} + x_2^2$ , then the method of steepest descent shuffles ineffectively back and forth when searching for the minimizer in a narrow valley. This example illustrates a major drawback in the steepest descent method.



- In a *descent method*, as each new point is generated by the algorithm, the corresponding value of the objective function decreases in value.
- An iterative algorithm is *globally convergent* if for any arbitrary starting point the algorithm is guaranteed to generate a sequence of pints converging to a point that satisfies the FONC for a minimizer.
- If not, it may still generate a sequence that converges to a point satisfying the FONC, provided that the initial point is sufficiently close to the point.
  - Locally convergent
- How fast the algorithm converges to a solution point: *rate of convergence*

# $\begin{bmatrix} \nabla f(\boldsymbol{x}^*) = \boldsymbol{Q}\boldsymbol{x}^* - \boldsymbol{b} = \boldsymbol{0} \end{bmatrix}$

 The convergence analysis is more convenient if instead of working with *f* we deal with

$$V(x) = f(x) + \frac{1}{2}x^{*T}Qx^{*} = \frac{1}{2}(x - x^{*})^{T}Q(x - x^{*})$$

where  $Q = Q^T > 0$ . The solution point  $x^*$  is obtained by solving Qx = b; that is,  $x^* = Q^{-1}b$ 

• The function V differs from f only by a constant  $\frac{1}{2} x^{*T} Q x^{*}$ 

$$\begin{bmatrix} \boldsymbol{g}^{(k)} = \nabla f(\boldsymbol{x}^{(k)}) & \nabla f(\boldsymbol{x}) = \boldsymbol{Q}\boldsymbol{x} - \boldsymbol{b} \end{bmatrix}$$
  
Convergence  $V(\boldsymbol{x}) = f(\boldsymbol{x}) + \frac{1}{2}\boldsymbol{x}^{*T}\boldsymbol{Q}\boldsymbol{x}^* = \frac{1}{2}(\boldsymbol{x} - \boldsymbol{x}^*)^T\boldsymbol{Q}(\boldsymbol{x} - \boldsymbol{x}^*)$ 

• Lemma 8.1: The iterative algorithm  $\mathbf{x}^{(k+1)} = \mathbf{x}^{(k)} - \alpha_k \mathbf{g}^{(k)}$ with  $\mathbf{g}^{(k)} = \mathbf{Q}\mathbf{x}^{(k)} - \mathbf{b}$  satisfies  $V(\mathbf{x}^{(k+1)}) = (1 - \gamma_k)V(\mathbf{x}^{(k)})$ where if  $\mathbf{g}^{(k)} = \mathbf{0}$ , then  $\gamma_k = 1$ , and if  $\mathbf{g}^{(k)} \neq \mathbf{0}$ , then  $\gamma_k = \alpha_k \frac{\mathbf{g}^{(k)T} \mathbf{Q} \mathbf{g}^{(k)}}{\mathbf{g}^{(k)T} \mathbf{Q}^{-1} \mathbf{g}^{(k)}} \left(2 \frac{\mathbf{g}^{(k)T} \mathbf{g}^{(k)}}{\mathbf{g}^{(k)T} \mathbf{Q} \mathbf{g}^{(k)}} - \alpha_k\right)$ 

Theorem 8.1: Let {x<sup>(k)</sup>} be the sequence resulting from a gradient algorithm x<sup>(k+1)</sup> = x<sup>(k)</sup> - α<sub>k</sub>g<sup>(k)</sup>. Let γ<sub>k</sub> be as defined in Lemma 8.1, and suppose that γ<sub>k</sub> > 0 for all k. Then, {x<sup>(k)</sup>} converges to x<sup>\*</sup> for any initial condition x<sup>(0)</sup> if and only if

$$\sum_{k=0}^{\infty} \gamma_k = \infty$$

- Proof:
- From Lemma 8.1 we have  $V(\boldsymbol{x}^{(k+1)}) = (1 \gamma_k)V(\boldsymbol{x}^{(k)})$ , from which we obtain

$$V(\boldsymbol{x}^{(k)}) = \left(\prod_{i=0}^{k-1} (1-\gamma_i)\right) V(\boldsymbol{x}^{(0)})$$

Assume that  $\gamma_k < 1$  for all k, for otherwise the result holds trivially.

Convergence 
$$V(\boldsymbol{x}^{(k)}) = \left(\prod_{i=0}^{k-1}(1-\gamma_i)\right)V(\boldsymbol{x}^{(0)})$$
$$V(\boldsymbol{x}) = f(\boldsymbol{x}) + \frac{1}{2}\boldsymbol{x}^{*T}\boldsymbol{Q}\boldsymbol{x}^* = \frac{1}{2}(\boldsymbol{x}-\boldsymbol{x}^*)^T\boldsymbol{Q}(\boldsymbol{x}-\boldsymbol{x}^*)$$

- Note that x<sup>(k)</sup> → x\* if and only if V(x<sup>(k)</sup>) → 0. We see that this occurs if and only if Π<sup>∞</sup><sub>i=0</sub>(1 − γ<sub>i</sub>) = 0, which, in turn, holds if and only if Π<sup>∞</sup><sub>i=0</sub> − log(1 − γ<sub>i</sub>) = ∞
- Note that by Lemma 8.1, 1 − γ<sub>i</sub> ≥ 0 and log(1 − γ<sub>i</sub>) is well defined [log(0) is taken to be −∞]. Therefore, it remains to show that ∏<sup>∞</sup><sub>i=0</sub> − log(1 − γ<sub>i</sub>) = ∞ if and only if ∑<sup>∞</sup><sub>i=0</sub> γ<sub>i</sub> = ∞
- We first show that  $\sum_{i=0}^{\infty} \gamma_i = \infty$  implies that  $\sum_{i=0}^{\infty} -\log(1-\gamma_i) = \infty$ . For this, first observe that for any  $x \in R, x > 0$ , we have  $\log(x) \le x - 1$ . Therefore,  $\log(1 - \gamma_i) \le 1 - \gamma_i - 1 = -\gamma_i$ , and hence  $-\log(1 - \gamma_i) \ge \gamma_i$ . Thus, if  $\sum_{i=0}^{\infty} \gamma_i = \infty$ , then clearly  $\sum_{i=0}^{\infty} -\log(1 - \gamma_i) = \infty$

- Finally, we show that  $\sum_{i=0}^{\infty} -\log(1-\gamma_i) = \infty$  implies that  $\sum_{i=0}^{\infty} \gamma_i = \infty$
- By contraposition. Suppose that ∑<sub>i=0</sub><sup>∞</sup> γ<sub>i</sub> < ∞. Then, it must be that γ<sub>i</sub> → 0. Observe that for x ∈ R, x ≤ 1 and x sufficiently close to 1, we have log(x) ≥ 2(x − 1). Therefore, for sufficiently large i, log(1 − γ<sub>i</sub>) ≥ 2(1 − γ<sub>i</sub> − 1) = −2γ<sub>i</sub>, which implies that −log(1 − γ<sub>i</sub>) ≤ 2γ<sub>i</sub>. Hence, ∑<sub>i=0</sub><sup>∞</sup> γ<sub>i</sub> < ∞ implies that ∑<sub>i=0</sub><sup>∞</sup> −log(1 − γ<sub>i</sub>) < ∞. This completes the proof.</p>
- The assumption in Theorem 8.1 that \(\gamma\_k > 0\) for all \(k\) is significant. Furthermore, the result of the theorem does not hold in general if we do not have this assumption.

$$\left[ V(\boldsymbol{x}^{(k+1)}) = (1 - \gamma_k) V(\boldsymbol{x}^{(k)}) \right]$$

- A counter example to show  $\gamma_k > 0$  in Theorem 8.1 is necessary.
- For each k = 0, 1, 2, ..., choose α<sub>k</sub> in such a way that γ<sub>2k</sub> = -1/2 and γ<sub>2k+1</sub> = 1/2 (we can always do this if, for example, Q = I<sub>n</sub>). From Lemma 8.1 we have

 $V(\boldsymbol{x}^{2(k+1)}) = (1 - 1/2)(1 + 1/2)V(\boldsymbol{x}^{(2k)}) = (3/4)V(\boldsymbol{x}^{(2k)})$ Therefore,  $V(\boldsymbol{x}^{(2k)}) \rightarrow 0$ . Because  $V(\boldsymbol{x}^{(2k+1)}) = (3/2)V(\boldsymbol{x}^{(2k)})$ , we also have that  $V(\boldsymbol{x}^{(2k+1)}) \rightarrow 0$ . Hence,  $V(\boldsymbol{x}^{(k)}) \rightarrow 0$ , which implies that  $\boldsymbol{x}^{(k)} \rightarrow 0$  (for all  $\boldsymbol{x}^{(0)}$ ). On the other hand, it is clear that

$$\sum_{i=0}^k \gamma_i \le \frac{1}{2}$$

for all k. Hence, the result of the theorem does not hold if  $\gamma_k \leq 0$  for some k.

• Rayleigh's inequality. For any  $Q = Q^T > 0$ , we have  $\lambda_{min}(\boldsymbol{Q}) \|\boldsymbol{x}\|^2 \leq \boldsymbol{x}^T \boldsymbol{Q} \boldsymbol{x} \leq \lambda_{max}(\boldsymbol{Q}) \|\boldsymbol{x}\|^2$ We also have

$$\begin{split} \lambda_{min}(\boldsymbol{Q}^{-1}) &= \frac{1}{\lambda_{max}(\boldsymbol{Q})} \\ \lambda_{max}(\boldsymbol{Q}^{-1}) &= \frac{1}{\lambda_{min}(\boldsymbol{Q})} \\ \lambda_{min}(\boldsymbol{Q}^{-1}) \|\boldsymbol{x}\|^2 \leq \boldsymbol{x}^T \boldsymbol{Q}^{-1} \boldsymbol{x} \leq \lambda_{max}(\boldsymbol{Q}^{-1}) \|\boldsymbol{x}\|^2 \end{split}$$

Lemma 8.2: Let Q = Q<sup>T</sup> > 0 be an n × n real symmetric positive definite matrix. Then, for any x ∈ R<sup>n</sup>, we have

$$\frac{\lambda_{min}(\boldsymbol{Q})}{\lambda_{max}(\boldsymbol{Q})} \leq \frac{(\boldsymbol{x}^T \boldsymbol{x})^2}{(\boldsymbol{x}^T \boldsymbol{Q} \boldsymbol{x})(\boldsymbol{x}^T \boldsymbol{Q}^{-1} \boldsymbol{x})} \leq \frac{\lambda_{max}(\boldsymbol{Q})}{\lambda_{min}(\boldsymbol{Q})}$$

 Proof: Appling Rayleigh's inequality and using the properties of symmetric positive definite matrices listed previously, we get

$$\begin{aligned} \frac{(\boldsymbol{x}^T \boldsymbol{x})^2}{(\boldsymbol{x}^T \boldsymbol{Q} \boldsymbol{x})(\boldsymbol{x}^T \boldsymbol{Q}^{-1} \boldsymbol{x})} &\leq \frac{\|\boldsymbol{x}\|^4}{\lambda_{min}(\boldsymbol{Q})\|\boldsymbol{x}\|^2 \lambda_{min}(\boldsymbol{Q}^{-1})\|\boldsymbol{x}\|^2} = \frac{\lambda_{max}(\boldsymbol{Q})}{\lambda_{min}(\boldsymbol{Q})} \\ \frac{(\boldsymbol{x}^T \boldsymbol{x})^2}{(\boldsymbol{x}^T \boldsymbol{Q} \boldsymbol{x})(\boldsymbol{x}^T \boldsymbol{Q}^{-1} \boldsymbol{x})} &\geq \frac{\|\boldsymbol{x}\|^4}{\lambda_{max}(\boldsymbol{Q})\|\boldsymbol{x}\|^2 \lambda_{max}(\boldsymbol{Q}^{-1})\|\boldsymbol{x}\|^2} = \frac{\lambda_{min}(\boldsymbol{Q})}{\lambda_{max}(\boldsymbol{Q})} \end{aligned}$$

# $igg| oldsymbol{g}^{(k)} = iggraphi f(oldsymbol{x}^{(k)}) = oldsymbol{Q}oldsymbol{x}^{(k)} - oldsymbol{b} iggraphi$

# Convergence

- ► Theorem 8.2: In the steepest descent algorithm, we have
  x<sup>(k)</sup> → x<sup>\*</sup> for any x<sup>(0)</sup>
- Proof: If g<sup>(k)</sup> = 0 for some k, then x<sup>(k)</sup> = x\* and the result holds.
   So assume that g<sup>(k)</sup> ≠ 0 for all k. Recall that for the steepest descent algorithm,

$$\alpha_k = \frac{\boldsymbol{g}^{(k)T}\boldsymbol{g}^{(k)}}{\boldsymbol{g}^{(k)T}\boldsymbol{Q}\boldsymbol{g}^{(k)}}$$

Substituting this expression for  $\alpha_k$  in the formula for  $\gamma_k$  yields  $\gamma_k = \frac{(\boldsymbol{g}^{(k)T}\boldsymbol{g}^{(k)})^2}{(\boldsymbol{g}^{(k)T}\boldsymbol{Q}\boldsymbol{g}^{(k)})(\boldsymbol{g}^{(k)T}\boldsymbol{Q}^{-1}\boldsymbol{g}^{(k)})}$ 

Note that in this case  $\gamma_k > 0$  for all k. Furthermore, by Lemma 8.2, we have  $\gamma_k \ge (\lambda_{min}(\boldsymbol{Q})/\lambda_{max}(\boldsymbol{Q})) > 0$ . Therefore, we have  $\sum_{k=0}^{\infty} \gamma_k = \infty$ , and hence by Theorem 8.1, we conclude that  $\boldsymbol{x}^{(k)} \to \boldsymbol{x}^*$ 

- Consider now a gradient method with fixed step size; that is,
   α<sub>k</sub> = α ∈ R for all k. The resulting algorithm is of the form
   x<sup>(k+1)</sup> = x<sup>(k)</sup> − αg<sup>(k)</sup>
- We refer to the algorithm above as a *fixed-step-size* gradient algorithm. The algorithm is of practical interest because of its simplicity.
- The algorithm does not require a line search at each step to determine α<sub>k</sub>. Clearly, the convergence of the algorithm depends on the choice of .

► Theorem 8.3: For the fixed-step-size gradient algorithm,
x<sup>(k)</sup> → x<sup>\*</sup> for any x<sup>(0)</sup> if and only if

$$0 < \alpha < \frac{2}{\lambda_{max}(\boldsymbol{Q})}$$

▶ Proof: ⇐: By Rayleigh's inequality we have  $\lambda_{min}(\boldsymbol{Q})\boldsymbol{g}^{(k)T}\boldsymbol{g}^{(k)} \leq \boldsymbol{g}^{(k)T}\boldsymbol{Q}\boldsymbol{g}^{(k)} \leq \lambda_{max}(\boldsymbol{Q})\boldsymbol{g}^{(k)T}\boldsymbol{g}^{(k)}$ and

$$\boldsymbol{g}^{(k)T} \boldsymbol{Q}^{-1} \boldsymbol{g}^{(k)} \leq rac{1}{\lambda_{max}(\boldsymbol{Q})} \boldsymbol{g}^{(k)T} \boldsymbol{g}^{(k)}$$

• Therefore, substituting the above in the formula for  $\gamma_k$ , we have  $\gamma_k \ge \alpha (\lambda_{min}(\boldsymbol{Q}))^2 \left(\frac{2}{\lambda_{max}(\boldsymbol{Q})} - \alpha\right) > 0$ 

Therefore,  $\gamma_k > 0$  for all k, and  $\sum_{k=0}^{\infty} \gamma_k = \infty$ . Hence, by Theorem 8.1, we conclude that  $\boldsymbol{x}^{(k)} \to \boldsymbol{x}^*$ 

Proof: ⇒: We use contraposition. Suppose that either α ≤ 0 or α ≥ 2/λ<sub>max</sub>(Q). Let x<sup>(0)</sup> be chosen such that x<sup>0</sup> - x\* is an eigenvector of Q corresponding to the eigenvalue λ<sub>max</sub>(Q). Because

$$\begin{aligned} \boldsymbol{x}^{(k+1)} &= \boldsymbol{x}^{(k)} - \alpha (\boldsymbol{Q} \boldsymbol{x}^{(k)} - \boldsymbol{b}) = \boldsymbol{x}^{(k)} - \alpha (\boldsymbol{Q} \boldsymbol{x}^{(k)} - \boldsymbol{Q} \boldsymbol{x}^{*} \\ \text{we obtain} \quad \boldsymbol{x}^{(k+1)} - \boldsymbol{x}^{*} &= \boldsymbol{x}^{(k)} - \boldsymbol{x}^{*} - \alpha (\boldsymbol{Q} \boldsymbol{x}^{(k)} - \boldsymbol{Q} \boldsymbol{x}^{*}) \\ &= (\boldsymbol{I}_{n} - \alpha \boldsymbol{Q}) (\boldsymbol{x}^{(k)} - \boldsymbol{x}^{*}) \\ &= (\boldsymbol{I}_{n} - \alpha \boldsymbol{Q})^{k+1} (\boldsymbol{x}^{(0)} - \boldsymbol{x}^{*}) \\ &= (1 - \alpha \lambda_{max}(\boldsymbol{Q}))^{k+1} (\boldsymbol{x}^{(0)} - \boldsymbol{x}^{*}) \end{aligned}$$

Taking norms on both sides, we get

 $\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\| = |1 - \alpha \lambda_{max}(\boldsymbol{Q})|^{k+1} \|\boldsymbol{x}^{(0)} - \boldsymbol{x}^*\|$ Because  $\alpha \leq 0$  or  $\alpha \geq 2/\lambda_{max}(\boldsymbol{Q}), |1 - \alpha \lambda_{max}(\boldsymbol{Q})| \geq 1$ Hence,  $\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\|$  cannot converge to 0, and thus the sequence  $\{\boldsymbol{x}^{(k)}\}$  does not converge to  $\boldsymbol{x}^*$ 

• Let the function *f* be given by

$$f(\boldsymbol{x}) = \boldsymbol{x}^T \begin{bmatrix} 4 & 2\sqrt{2} \\ 0 & 5 \end{bmatrix} \boldsymbol{x} + \boldsymbol{x}^T \begin{bmatrix} 3 \\ 6 \end{bmatrix} + 24$$

We wish to find the minimizer of f using a fixed-step-size gradient algorithm  $\mathbf{x}^{(k+1)} = \mathbf{x}^{(k)} - \alpha \bigtriangledown f(\mathbf{x}^{(k)})$ where  $\alpha \in R$  is a fixed step size.

 Solution: To apply Theorem 8.3, we first symmetrize the matrix in the quadratic term of *f* to get

$$f(\boldsymbol{x}) = \frac{1}{2}\boldsymbol{x}^T \begin{bmatrix} 8 & 2\sqrt{2} \\ 2\sqrt{2} & 10 \end{bmatrix} \boldsymbol{x} + \boldsymbol{x}^T \begin{bmatrix} 3 \\ 6 \end{bmatrix} + 24$$

The eigenvalues of the matrix are 6 and 12. Hence, by Theorem 8.3, the algorithm converges to the minimizer for all  $x^{(0)}$  if and only if  $\alpha$  lies in the range  $0 < \alpha < 2/12$ 

• Theorem 8.4: In the method of steepest descent applied to the quadratic function, at every step we have

$$V(\boldsymbol{x}^{(k+1)}) \leq \frac{\lambda_{max}(\boldsymbol{Q}) - \lambda_{min}(\boldsymbol{Q})}{\lambda_{max}(\boldsymbol{Q})} V(\boldsymbol{x}^{(k)})$$

• Proof: In the proof of Theorem 8.2, we showed that  $\gamma_k \ge \lambda_{min}(\boldsymbol{Q})/\lambda_{max}(\boldsymbol{Q})$ . Therefore,  $\frac{V(\boldsymbol{x}^{(k)}) - V(\boldsymbol{x}^{(k+1)})}{V(\boldsymbol{x}^{(k)})} = \gamma_k \ge \frac{\lambda_{min}(\boldsymbol{Q})}{\lambda_{max}(\boldsymbol{Q})}$ 

and the result follows.

 $\left[ V(\boldsymbol{x}^{(k+1)}) = (1 - \gamma_k) V(\boldsymbol{x}^{(k)}) \right]$ 

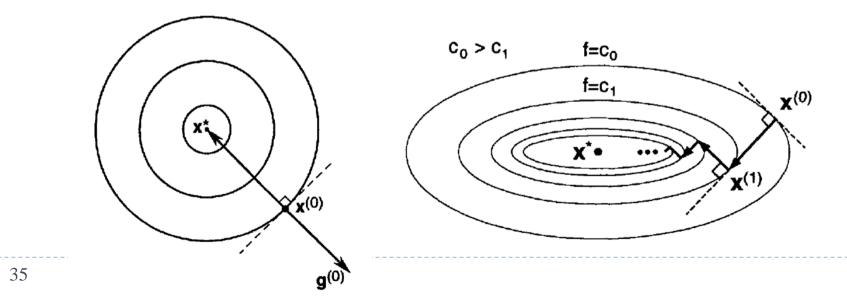
• Let 
$$r = \frac{\lambda_{max}(\boldsymbol{Q})}{\lambda_{min}(\boldsymbol{Q})} = \|\boldsymbol{Q}\|\|\boldsymbol{Q}^{-1}\|$$

called the *condition number* of Q. Then, it follows from Theorem 8.4 that

 $V(\boldsymbol{x}^{(k+1)}) \le (1 - \frac{1}{r})V(\boldsymbol{x}^{(k)})$ 

- ► The term (1 1/r) plays an important role in the convergence of {V(x<sup>(k)</sup>)} to 0 (and hence of {x<sup>(k)</sup>} to x\*). We refer to (1 1/r) as the *convergence ratio*.
- The smaller the value of (1 1/r), the smaller V(x<sup>(k+1)</sup>) will be relative to V(x<sup>(k)</sup>), and hence the "faster" V(x<sup>(k)</sup>) converges to 0.

- The convergence ratio (1 1/r) decreases as r decreases. If r = 1 then λ<sub>max</sub>(Q) = λ<sub>min</sub>(Q), corresponding to the circular contours of f (Figure 8.6). In this case the algorithm converges in a single step to the minimizer.
- As r increases, the speed of convergence of {V(x<sup>(k)</sup>)} (and hence {x<sup>(k)</sup>}) decreases. The increase in r reflects that fact that the contours of f are more eccentric.



Definition 8.1: Given a sequence {x<sup>(k)</sup>} that converges to x<sup>\*</sup>, that is, lim<sub>k→∞</sub> ||x<sup>(k)</sup> - x<sup>\*</sup>|| = 0, we say the *order of convergence* is p, where p ∈ R, if

If for all 
$$p > 0$$
  
$$0 < \lim_{k \to \infty} \frac{\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\|}{\|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^p} < \infty$$
$$\lim_{k \to \infty} \frac{\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\|}{\|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^p} = 0$$

then we say that the order of convergence is  $\ \infty$ 

 Note that in the definition above, 0/0 should be understood to be 0.

- The order of convergence of a sequence is a measure of its rate of convergence; *the higher the order, the faster the rate of convergence*.
- The order of convergence is sometimes also called the *rate of* convergence. If p = 1 and lim<sub>k→∞</sub> ||x<sup>(k+1)</sup> x<sup>\*</sup>|| / ||x<sup>(k)</sup> x<sup>\*</sup>|| = 1 we say that the convergence is sublinear.
- If p = 1 and  $\lim_{k\to\infty} ||\boldsymbol{x}^{(k+1)} \boldsymbol{x}^*|| / ||\boldsymbol{x}^{(k)} \boldsymbol{x}^*|| < 1$ , we say that the convergence is *linear*.
- If p > 1, we say that the convergence is *superlinear*.
- If p = 2, we say that the convergence is *quadratic*.

• Suppose that  $x^{(k)} = 1/k$  and thus  $x^{(k)} \to 0$ . Then,  $\frac{|x^{(k+1)}|}{|x^{(k)}|^p} = \frac{1/(k+1)}{1/k^p} = \frac{k^p}{k+1}$ 

If p < 1, the sequence converges to 0, whereas if p > 1, it grows to  $\infty$ . If p = 1, the sequence converges to 1. Hence, the order of convergence is 1.

• Suppose that  $x^{(k)} = \gamma^k$ , where  $0 < \gamma < 1$ , and thus  $x^{(k)} \to 0$ . Then,  $\frac{|x^{(k+1)}|}{|x^{(k)}|^p} = \frac{\gamma^{k+1}}{(\gamma^k)^p} = \gamma^{k+1-kp} = \gamma^{k(1-p)+1}$ 

If p < 1, the sequence converges to 0, whereas if p > 1, it grows to  $\infty$ . If p = 1, the sequence converges to  $\gamma$ . Hence, the order of convergence is 1.

• Suppose that  $x^{(k)} = \gamma^{q^k}$ , where q > 1 and  $0 < \gamma < 1$ , and thus  $x^{(k)} \to 0$ Then,  $|x^{(k+1)}| = \gamma^{(q^{k+1})} = a^{k+1} - na^k = (q-p)a^k$ 

$$\frac{|x^{(k+1)}|}{|x^{(k)}|^p} = \frac{\gamma^{(q-1)}}{(\gamma^{(q^k)})^p} = \gamma^{q^{k+1}-pq^k} = \gamma^{(q-p)q^k}$$

If p < q, the sequence converges to 0, whereas if p > q, it grows to  $\infty$ . If p = q, the sequence converges to 1. Hence, the order of convergence is q.

Suppose that  $x^{(k)} = 1$  for all k, and thus  $x^{(k)} \rightarrow 1$ . Then,  $\frac{|x^{(k+1)} - 1|}{|x^{(k)} - 1|^p} = \frac{0}{0^p} = 0$ 

for all p. Hence, the order of convergence is  $\infty$ .

- ► The order of convergence can be interpreted using the notion of the order symbol O. Recall that a = O(h) ("big-oh" of h) if there exists a constant c such that |a| ≤ c|h| for sufficiently small h.
- > The order of convergence is *at least* p if

$$\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\| = O(\|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^p)$$

Theorem 8.5: Let {x<sup>(k)</sup>} be a sequence that converges to x\*. If  $\|x^{(k+1)} - x^*\| = O(\|x^{(k)} - x^*\|^p)$ then the order of convergence (if it exists) is at least means

then the order of convergence (if it exists) is at least p.

• Proof: Let *s* be the order of convergence of  $\{\boldsymbol{x}^{(k)}\}$ . Suppose that  $\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\| = O(\|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^p)$ 

Then, these exists c such that for sufficiently large k,

$$\frac{\|\bm{x}^{(k+1)} - \bm{x}^*\|}{\|\bm{x}^{(k)} - \bm{x}^*\|^p} \le c$$

Hence,

$$\begin{split} \frac{\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\|}{\|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^s} \\ &= \frac{\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\|}{\|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^p} \|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^{p-s} \\ &\leq c \|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^{p-s} \end{split}$$

Taking limits yields

$$\lim_{k \to \infty} \frac{\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\|}{\|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^s} \le c \lim_{k \to \infty} \|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^{p-s}$$

• Because by definition s is the order of convergence

$$\lim_{k\to\infty} \frac{\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\|}{\|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^s} > 0$$
  
Combining the two inequalities above, we get  
 $c \lim_{k\to\infty} \|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|^{p-s} > 0$ 

Therefore, because  $\lim_{k\to\infty} ||\mathbf{x}^{(k)} - \mathbf{x}^*|| = 0$ , we conclude that  $s \ge p$  that is, the order of convergence is at least p.

- Similarly, we can show that if ||x<sup>(k+1)</sup> x<sup>\*</sup>|| = o(||x<sup>(k)</sup> x<sup>\*</sup>||<sup>p</sup>) then the order of convergence (if it exists) strictly exceeds p.
- Suppose that we are given a scalar sequence {x<sup>(k)</sup>} that converges with order of convergence p and satisfies

$$\lim_{k \to \infty} \frac{|x^{(k+1)} - 2|}{|x^{(k)} - 2|^3} = 0$$

The limit of  $\{x^{(k)}\}$  must be 2, because it is clear from the equation that  $|x^{(k+1)} - 2| \rightarrow 0$ . Also, we see that  $|x^{(k+1)} - 2| = o(|x^{(k)} - 2|^3)$ . Hence, we conclude that p > 3

- Consider the problem of finding a minimizer of the function f: R → R given by f(x) = x<sup>2</sup> - x<sup>3</sup>/3. Suppose that we use the algorithm x<sup>(k+1)</sup> = x<sup>(k)</sup> - αf'(x<sup>(k)</sup>) with step size α = 1/2 and initial condition x<sup>(0)</sup> = 1
- We first show that the algorithm converges to a local minimizer of f. We have f'(x) = 2x - x<sup>2</sup>. The fixed-step-size gradient algorithm is therefore given by

$$x^{(k+1)} = x^{(k)} - \alpha f'(x^{(k)}) = \frac{1}{2}(x^{(k)})^2$$

With  $x^{(0)} = 1$ , we can derive the expression  $x^{(k+1)} = (1/2)^{2^{k}-1}$ Hence, the algorithm converges to 0, a strict local minimizer of f. Note that  $\frac{|x^{(k+1)}|}{|x^{(k)}|^2} = \frac{1}{2}$ 

Therefore, the order of convergence is 2.

# $\left[ \boldsymbol{g}^{(k)} = \nabla f(\boldsymbol{x}^{(k)}) = \boldsymbol{Q}\boldsymbol{x}^{(k)} - \boldsymbol{b} \right]$

## Convergence Rate

- The steepest descent algorithm has an order of convergence of 1 in the *worst case*.
- Lemma 8.3: In the steepest descent algorithm, if g<sup>(k)</sup> ≠ 0 for all k then γ<sub>k</sub> = 1 if and only if g<sup>(k)</sup> is an eigenvector of Q.
- Proof: Suppose that g<sup>(k)</sup> ≠ 0 for all k. Recall that for the steepest descent algorithm,

$$\gamma_{k} = \frac{(\boldsymbol{g}^{(k)T} \boldsymbol{g}^{(k)})^{2}}{(\boldsymbol{g}^{(k)T} \boldsymbol{Q} \boldsymbol{g}^{(k)})(\boldsymbol{g}^{(k)T} \boldsymbol{Q}^{-1} \boldsymbol{g}^{(k)})}$$

Sufficiency is easy to show by verification. To show necessity, suppose that  $\gamma_k = 1$ . Then,  $V(\boldsymbol{x}^{(k+1)}) = 0$ , which implies that  $\boldsymbol{x}^{(k+1)} = \boldsymbol{x}^*$ . Therefore,  $\boldsymbol{x}^* = \boldsymbol{x}^{(k)} - \alpha_k \boldsymbol{g}^{(k)}$ .

### Convergence Rate $\boldsymbol{x}^* = \boldsymbol{x}^{(k)} - \alpha_k \boldsymbol{g}^{(k)}$

• Premultiplying by Q and subtracting b from both sides yields  $0 = g^{(k)} - \alpha_k Q g^{(k)}$ 

which can be rewritten as

$$oldsymbol{Q}oldsymbol{g}^{(k)} = rac{1}{lpha_k}oldsymbol{g}^{(k)}$$

Hence,  $g^{(k)}$  is an eigenvector of Q.

• By the lemma, if  $g^{(k)}$  is not an eigenvector of Q, then  $\gamma_k < 1$  (recall that  $\gamma_k$  cannot exceed 1)

- Theorem 8.6: Let {x<sup>(k)</sup>} be a convergent sequence of iterates of the steepest descent algorithm applied to a function f. Then, the order of convergence of {x<sup>(k)</sup>} is 1 in the worst case; that is, there exist a function f and an initial condition x<sup>(0)</sup> such that the order of convergence of {x<sup>(k)</sup>} is equal to 1.
- Proof: Let f : R<sup>n</sup> → R be a quadratic function with Hessian Q.
   Assume that the maximum and minimum eigenvalues of Q satisfy λ<sub>max</sub>(Q) > λ<sub>min</sub>(Q). To show that the order of convergence is 1, it suffices to show that there exists x<sup>(0)</sup> such that

$$\| \boldsymbol{x}^{(k+1)} - \boldsymbol{x}^* \| \ge c \| \boldsymbol{x}^{(k)} - \boldsymbol{x}^* \|$$

for some c.

By Rayleigh's inequality

$$V(\boldsymbol{x}^{(k+1)}) = \frac{1}{2} (\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*)^T \boldsymbol{Q} (\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*) \le \frac{\lambda_{max}(\boldsymbol{Q})}{2} \| \boldsymbol{x}^{(k+1)} - \boldsymbol{x}^* \|^2$$
  
Similarly,  
$$V(\boldsymbol{x}^{(k)}) \ge \frac{\lambda_{min}(\boldsymbol{Q})}{2} \| \boldsymbol{x}^{(k)} - \boldsymbol{x}^* \|^2$$

Combining the inequalities above with Lemma 8.1, we obtain

$$\|\boldsymbol{x}^{(k+1)} - \boldsymbol{x}^*\| \geq \sqrt{(1 - \gamma_k) \frac{\lambda_{min}(\boldsymbol{Q})}{\lambda_{max}(\boldsymbol{Q})}} \|\boldsymbol{x}^{(k)} - \boldsymbol{x}^*\|$$

Therefore, it suffices to choose  $\boldsymbol{x}^{(0)}$  such that  $\gamma_k \leq d$  for some d < 1

- Recall that for the steepest descent algorithm, assuming that  $g^{(k)} \neq 0$  for all k,  $\gamma_k = \frac{(g^{(k)T}g^{(k)})^2}{(g^{(k)T}Qg^{(k)})(g^{(k)T}Q^{-1}g^{(k)})}$
- First consider the case where n = 2. Suppose that x<sup>(0)</sup> ≠ x\* is chosen such that x<sup>(0)</sup> − x\* is not an eigenvector of Q. Then,  $g^{(0)} = Q(x^{(0)} x^*) ≠ 0 \text{ is also not an eigenvector of } Q.$
- By Proposition 8.1, g<sup>(k)</sup> = (x<sup>(k+1)</sup> x<sup>(k)</sup>)/α<sub>k</sub> is not an eigenvector of Q for any k [because any two eigenvectors corresponding to λ<sub>max</sub>(Q) and λ<sub>min</sub>(Q) are mutually orthogonal].
- Also, g<sup>(k)</sup> lies in one of two mutually orthogonal directions. Therefore, by Lemma 8.3, for each k, the value of γ<sub>k</sub> of two numbers, both of which are strictly less than 1. This proves the n = 2 case.

- For the general n case, let v₁ and v₂ be mutually orthogonal eigenvectors corresponding to λ<sub>max</sub>(Q) and λ<sub>min</sub>(Q). Choose x<sup>(0)</sup> such that x<sup>(0)</sup> − x<sup>\*</sup> ≠ 0 lies in the span of v₁ and v₂ but is not equal to either.
- Note that g<sup>(0)</sup> = Q(x<sup>(0)</sup> x<sup>\*</sup>) also lies in the span of v<sub>1</sub> and v<sub>2</sub>, but is not equal to either.
- By manipulating x<sup>(k+1)</sup> = x<sup>(k)</sup> α<sub>k</sub>g<sup>(k)</sup> as before, we can write g<sup>(k+1)</sup> = (I α<sub>k</sub>Q)g<sup>(k)</sup>. Any eigenvector of Q is also an eigenvector of I α<sub>k</sub>Q. Therefore, g<sup>(k)</sup> lies in the span of v<sub>1</sub> and v<sub>2</sub> for all k; that is, the sequence {g<sup>(k)</sup>} is confined within the two-dimensional subspace spanned by v<sub>1</sub> and v<sub>2</sub>. We can now proceed as in the n = 2 case.